

## APPENDIX 2

Name
CHI



### EATING AND DRINKING WITH ACKNOWLEDGED RISK

#### SUMMARY

The above adult has eating and drinking difficulties and is at risk of food and/or drinks entering their lungs (aspiration) and/ or choking as a result of an impaired swallow.

The health risks associated with eating and drinking difficulties are:

- Asphyxiation and/or choking events
- Aspiration pneumonia
- Dehydration
- Weight loss
- Poor nutritional status
- Poor control of medication
- Mental health: Loss of dignity, social exclusion, depression

#### CAPACITY

THE ADULT **HAS CAPACITY** TO MAKE DECISION ON EATING AND DRINKING WITH ACKNOWLEDGED RISK

- The individual has agreed to continue eating and drinking with acknowledged risk, implementing agreed strategies to moderate risk
- The individual has **not** agreed to the strategies suggested by SLT to moderate risk

DATE \_\_\_\_\_

THE ADULT **LACKS THE CAPACITY** TO MAKE DECISION ON EATING AND DRINKING WITH ACKNOWLEDGED RISK

1. MDT in full agreement and supports the decision to implement strategies to moderate risk suggested by SLT
2. Family/Power of Attorney understand the reasons for eating and drinking with acknowledged risk, and the strategies to moderate risk
3. MDT's decision (in conjunction with the family/Power of Attorney, if appropriate) is for the patient to eat and drink as they wish, **not** implementing SLT strategies

MDT members	Family/ POA

## GUIDELINES

These guidelines have been set out and agreed in discussion with the medical team, the individual and/or their carers. The above named adult is at risk of aspiration and/or choking but wishes to continue eating and drinking for the reasons outlined below (check all those applicable):

- The individual believes that the impact on quality of life due to non-oral feeding outweighs benefit
  - The health risks of tube insertion for non-oral feeding outweigh the benefits
  - The individual has declined artificial nutrition
  - An Anticipatory Care Plan (ACP), which covers this situation, is in place
  - The individual has a life limiting illness where focus has moved from medicalisation to maximising quality of life
  - The individual does not wish to follow SLT risk reducing strategies and advice
  - Other: -
- 

## RECOMMENDATIONS

Eating and Drinking with Acknowledged Risk Recommendations to be completed by Speech and Language Therapist (SLT)		
IDDSI modification	Assistance/supervision	Other strategies
Food:		
Drink:		

Senior Clinician (GP/Consultant): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Speech & Language Therapist: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_