

You have now completed your initial treatment for prostate cancer.

This 'Treatment summary' provides a summary of your diagnosis, treatment and ongoing management plan. It includes information on the symptoms that you should be aware of, and who to contact. Your GP will also receive a copy of this summary

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| <b>Name:</b>   | <b>CHI:</b> |
| <b>Diagnosis:</b> <i>Prostate Cancer</i>   |             |
| <b>Summary of treatment and (relevant dates):</b><br>Robotic Assisted Radical Prostatectomy and Pelvic Lymph Node Dissection   |             |
| <b>Staging:</b><br>You have been treated with the intention to cure you from your prostate cancer. Most symptoms you are experiencing at present are expected to get better over time.   |             |
| <b>Possible consequences of initial treatment:</b> <ul style="list-style-type: none"><li>• Urinary incontinence- can take up to 1-1.5 years to improve</li><li>• Erectile dysfunction – nerve sparing/ non-nerve sparing</li><li>• Change to bladder behaviour – frequency, urgency</li><li>• Psychological concerns/issues</li></ul>  |             |
| <b>Alert symptoms that may require contact with the specialist team:</b> <ul style="list-style-type: none"><li>• Unable to pass urine- ALLOW only a member of Urology team to reinsert a urethral catheter*</li><li>• Abdominal pain/ swelling*</li><li>• If your stream of urine slows down</li><li>• Recurrent infection</li></ul>   |             |
| <b>Secondary care ongoing management plan:</b> <ul style="list-style-type: none"><li>• Your outpatient appointments will be 4 monthly for the 1<sup>st</sup> year where we will review the consequences of treatment i.e. continence, erectile dysfunction</li><li>• We advise you to have your PSA checked prior to each appointment. This will be carried out via your GP practice or local phlebotomy hub.</li><li>• For management of your urinary incontinence, containment pads have been arranged through the continence and advisory service. Contact details for reordering pads [phone number] proceed to request option 1.</li><li>• Your pathology will determine if you continue follow up in the clinic for a further year at 6monthly intervals or move to virtual follow up clinic</li><li>• The team, specialist nurse/consultant will manage any other incidental symptoms</li></ul> |             |
| <b>Required GP actions in addition to GP cancer care review:</b><br><br>Summary of information given about your cancer and future progress:<br><br>Contact details of specialist nurse: [Name] [phone number] [office hours]<br><br>Out of hours/emergencies: *Urology on call registrar [phone number]<br>NHS 24- 111   |             |